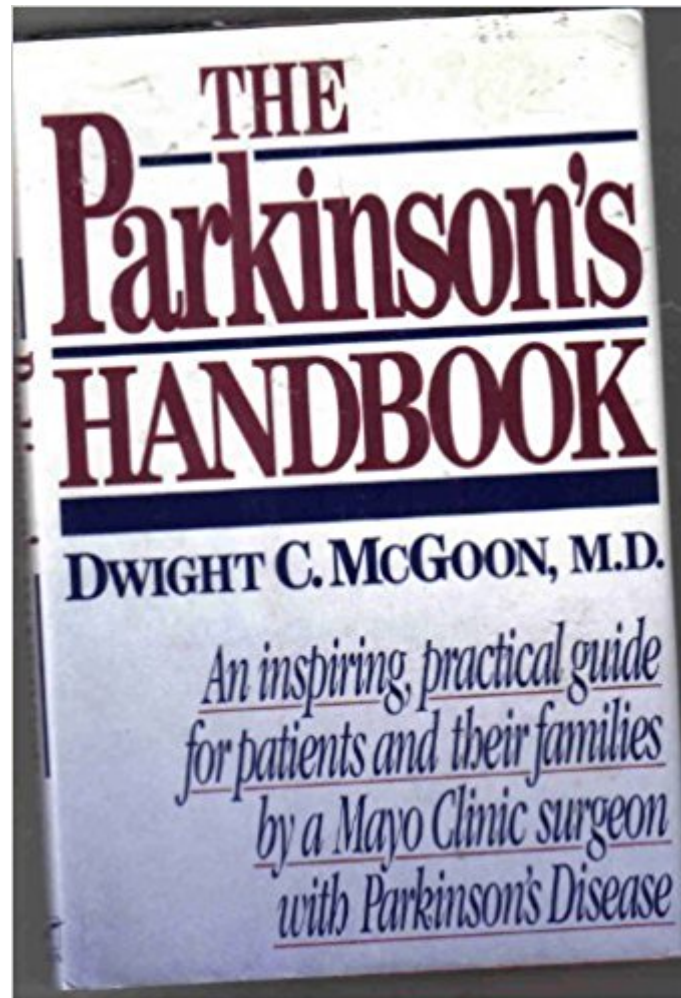




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# The Parkinson's Handbook



## Synopsis

A personal guide to the manifestations of Parkinson's disease by a sufferer who is himself a doctor. The author has been able to combine his medical insight with his personal experience of the disease to offer practical and spiritual advice to people dealing with the illness.

## Book Information

Hardcover: 175 pages

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Average Customer Review: 4.4 out of 5 stars 3 customer reviews

Best Sellers Rank: #929,561 in Books (See Top 100 in Books) #76 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease](#) #675 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System](#)

## Customer Reviews

McGoon, professor emeritus of surgery at the Mayo Clinic's Medical School, has taken his own experiences as a Parkinson's patient and combined them with his research and knowledge of the disease to produce a book that is sure to be of great use to others with the disease. While he cautions that every patient is different and likely to experience symptoms differently, he gives insight into the limitations the disease imposes and how he works through them. McGoon gives a lot of medical background both in description of the disease and its current drug therapy. This is above all a book with a great deal of heart. It extends hope and comfort to Parkinson's victims and their families. Since there's not much out there that deals with this disease, this book should be welcome in most public libraries.- Carol Spielman Lezak, General Learning Corp., Northbrook, Ill.Copyright 1990 Reed Business Information, Inc.

“Extremely interesting and informative. I know that it will be a popular book among patients and their caregivers.” - Joseph Jankovic, M.D., Baylor College of Medicine  
“Reading this book ought to be a prerequisite for all persons involved in coping with Parkinson's Disease, by they patients, caregivers, or health care professionals.” - Lola Prinzeles, Parkinson's

Disease Foundation – “Finally, a book that simplifies the terminology and Latin terms that too often are the Parkinson’s patient’s only clues to the disease. An educational and insightful book.” – Morris K. Udall --This text refers to the Paperback edition.

This is a pretty good handbook of general information about this condition, or disease, which is what I wanted. A family member appears to have it, and I wanted to check what I’m seeing against a good description of Parkinson’s. The family member is in complete denial, though, and so is unwilling to read the book. Nevertheless, I found the book a helpful means of understanding what my family member is struggling with.

Excellent especially the chapter on attitude

Some of the information was too technical for me

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Everything You Need to Know About Caregiving for Parkinson’s Disease (Everything You Need to Know About Parkinson’s Disease) (Volume 2) A Parkinson’s Primer: An Indispensable Guide to Parkinson’s Disease for Patients and Their Families The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease (100 Questions & Answers) Parkinson’s Humor - Funny Stories about My Life with Parkinson’s Disease Cook Well, Stay Well with Parkinson’s Disease - Super Foods for Super People with Parkinson’s The Parkinson’s Handbook The Coconut Oil and Low-Carb Solution for Alzheimer’s, Parkinson’s, and Other Diseases: A Guide to Using Diet and a High-Energy Food to Protect and Nourish the Brain Stop Alzheimer’s Now!: How to Prevent & Reverse Dementia, Parkinson’s, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders Everything You Need To Know About Parkinson’s Disease With Shaking Hands: Aging with Parkinson’s Disease in America’s Heartland (Studies in Medical Anthropology) Yoga Therapy for Parkinson’s Disease and Multiple Sclerosis Starving into Remission: Alzheimer’s, Parkinson’s and Multiple Sclerosis, Nutritional Integrative Therapies Parkinson’s Disease and Multiple Sclerosis Don’t Actually Exist Parkinson’s Treatment: 10 Secrets to a Happier Life: English Edition The New Parkinson’s Disease Treatment Book: Partnering with Your Doctor To Get the Most from Your Medications Delay the Disease -Exercise and Parkinson’s Disease (Book) 10 Breakthrough Therapies for Parkinson’s Disease: English Edition Parkinson’s Disease For Dummies Parkinson’s Disease: A Complete Guide for Patients and Families (A Johns Hopkins Press Health Book) Brain Storms: The Race to Unlock the Mysteries of Parkinson’s Disease

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